MEET ROSS OBERTEAN

PT, DPT, CDNS

Physical Therapy specialized for the jaw, neck, and related musculoskeletal concerns



A PARTNER FOR CONSERVATIVE MUSCULOSKELETAL CARE

Ross provides individualized evaluation and treatment for those experiencing jaw or facial symptoms related to movement of the jaw, surrounding facial muscle function, the cervical spine, or limiting daily activities. He coordinates with Dental and other healthcare professionals when shared care can improve clarity and continuity.

PROFESSIONAL BACKGROUND

- Washington-licensed Physical Therapist
- Doctor of Physical Therapy, Ithaca College, 2019
- Certified Dry Needling Specialist (CDNS)
- Orthopedic and Lifestyle Rehabilitation
- Certified Emergency Medical Responder
- Certified Functional Capacity Evaluator (CFCE)

CLINICAL SKILLS

- Orthopedic and Functional Capacity Evaluation
- Advanced Manual Therapy and Joint Mobilization
- Dry Needling when clinically appropriate
- Cupping, IASTM, and Postural Taping
- Individualized exercise and proprioceptive movement retraining

Cash Services Only

WHEN A REFERRAL MAY HELP

- Jaw or Facial pain
- Painful or limited jaw opening
- Jaw symptoms with neck pain or headache
- Muscle tension related to clenching or overuse
- Difficulty with chewing, drinking, yawning, speaking, sleep, or exercise

WHAT PATIENTS CAN EXPECT

Ross promises to deliver personalized care every appointment starting with the initial evaluation; clear education, a focused treatment plan, and practical home recommendations. Referring clinicians can receive concise updates with patient authorization.

CONTACT

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